



Group Discussion

- 1. What were some of the messages you heard in the video related to courage and inclusion?**

- 2. How might co-workers/people get to know and understand others better so as to improve overall performance of their team?**

- 3. Encouragement is a critical element of success. Finni received encouragement and support from her mom on a daily basis.

How have you or how could you influence someone on your team to be *'even better if'* OR *'achieve even greater success'*?

- 4. Duane said that we are not all that different. We all deal with similar issues in life.

When have you learned that someone who you thought was VERY different from you was actually way more similar to you than you originally thought? What was the situation?

- 5. Lisa shared that Finni played sports on a team with others who were very different than her.

When have you purposely decided to try/join a group with people different from you? What did you do? What did you learn?

- 6. At the end of the video, Lisa says that appreciating diversity and focusing on equity and inclusion does not just happen once you have met your goal.

How do you see your organization demonstrate commitment to diversity, equity and inclusion?
