



PARTICIPANT BOOKLET

Group Discussion

1. What were some of the messages John shared?

2. Sometimes leading from where you are can be uncomfortable and takes courage. How can we be courageous and push through our fears?

3. The video discusses the quote, "You can't always choose the path you walk in life, but you can always choose the manner in which you walk it." How can embracing what makes us different or having a positive attitude help us find the courage to succeed?

4. Individually we make choices all the time, even when we choose not to choose – it is still a choice. How do choices we make today impact our experiences tomorrow?

5. What are some actions each of us could take to ensure tomorrow is better than today in our personal lives and/or our professional/work lives? How does that relate to your organization's values?
